DAY TWENTY-FIVE



MIRIAM'S TAMBOURINE

"Then Miriam the prophet, Aaron's sister, took a timbrel in her hand, and all the women followed her, with timbrels and dancing. Miriam sang to them: "Sing to the Lord, for he is highly exalted."

- Exodus 15:20-21, NIV

The tribe of Israel had just seen God perform an amazing rescue mission. They'd been freed from Egypt where they'd been enslaved for hundreds of years.

Emotions must have been running high. The Israelites were probably stunned, scared, excited, and delighted all at the same time. Where would they go? What would they do? How would they provide for their families?

It would have been easy to give in and become paralyzed with fear. They could have done nothing. But Miriam had another response. She quickly grabbed her tambourine (known then as a timbrel) and began to praise God. She thanked God for what He'd done for her and her loved ones.

The interesting thing about Miriam's response is that it started a chain reaction. Kind of an inspired jam session. As soon as she began to praise God, others joined her. Women nearby also began to play their instruments and dance in delight.

You can be like Miriam leading others to thank God. It starts by cultivating an attitude of gratitude in your own heart and mind. From there, you can encourage your spouse, your children, or your friends to practice gratitude too. No tambourine needed. Ask loved ones what they're grateful for today. Prompt them to take a moment and think about a blessing they received this past week. Continually encourage those around you to share what God has done for them!

Dear Lord, Let my eyes always see Your blessings. Let Your praises be always on my tongue. Help me inspire others to show their gratitude. Amen!

PROMPT: Start a family dinner time conversation with what you are grateful for that day.



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